## Great (hart WEEKLY MEN Néurish contract catering

## WINTER TERM 2021 HOT TAKEAWAY

	MEAT FREE Monday	TUESDAY	WEDNESDAY	SUGARWISE WISE THURSDAY	FRIDAY
<b>Week 1</b> 4 Jan 1 Feb 8 March	Panini Bake & Jacket Wedges 1,7 V Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Vegetables of the Day Mr Nourish Orange Biscuit 1	Cheese, Tomato & Herb Penne 1, 7 V Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Vegetables of the Day Mr Nourish Orange Biscuit 1	Sausages 1, 6 & Rustic Roast Potatoes Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Vegetables of the Day Mandarin Drizzle Cake 1, 9	Chicken & Coconut Curry 6 & Rice Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Cheesy Fusilli 1, 7 V Vegetables of the Day Chocolate Twist 1, 7	Fish Fingers 1,8 & Chips Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Vegetables of the Day Apricot Cookie 1,6, 15
<b>Week 2</b> 11 Jan 8 Feb 15 March	Macaroni Cheese 1, 7 V Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Peas & Sweetcorn Mr Nourish Shortbread 1	Homemade Sausage Roll 1, 6 Jacket Potato with Baked Beans Jacket Potato with Cheese 7V Quorn Sausage 1,7,9,16 V Jacket Wedges Carrots & Peas Mr Nourish Shortbread 1	Roast Chicken & Rustic Roast Potatoes Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Cabbage & Carrots Crispie Cake 7, 16	Mexican Mince 4 & Rice Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Cheese & Spring Onion Penne 1, 7 V Mixed Vegetables Honeydew Melon, Apple & Orange Pots	Pizza Bar Meat Feast 1, 3, 7, 9 Margherita 1, 3, 7, 9 V Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Chips Peas Fruity Flapjack 1,15
Week 3 18 Jan 22 Feb 22 March	Savoury Quorn & Vegetable Mince Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Vegan Sausage Roll 1, 16 Vg Jacket Wedges Mixed Vegetables Mr Nourish Orange Biscuit 1	Chicken Stew & Dumpling 1 Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Cheesy Pasta 1, 7 V Green Beans & Carrots Mr Nourish Orange Biscuit 1	Sausages 1, 6 & Mashed Potatoes Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Peas & Sweetcorn Fruit Jelly	Tomato & Herb Penne 1Vg Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Mixed Vegetables Fruit Loaf 1,3,7,9	Fish Fingers 1,8 & Chips Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Peas Oaty Biscuit 1, 15
Week 4 25 Jan 1 March 29 March Fruit, fresh bread and milk offered daily	Margherita Pizza 1,3 7,9 V Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V New Potatoes Peas & Sweetcorn Strawberry Whip 7	Cottage Pie Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Tomato & Sweetcorn Fusilli 1, Vg Mixed Vegetables Mr Nourish Vanilla Biscuit 1	Roast Chicken & Rustic Roast Potatoes Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Carrots & Cabbage Fruit Jelly	Bolognese Twists 1 Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Peas & Carrots Orange, Apple & Watermelon Pots	Chicken Nuggets 1 Jacket Potato with Baked Beans Jacket Potato with Cheese 7 V Bruschetta 1,7 V Chips Baked Beans Ginger Cookie 1,15

Seasonal, Local Fruit & Veg 🍫 Organic Foods V Vegetarian Vg Vegan

<u>Dishes marked with any of the following</u> numbers contain the matching allergen Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten



These may contain sulphites and celeriac. Please discuss with your manager.