

## Covid 19

### Great Chart Primary School- Information sheet for staff and pupils in school- what to do if you, your child or someone who lives in your house displays symptoms

#### Main Symptoms

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

#### Summary

The NHS website states clearly what you must do if you or your child develops symptoms of covid 19.

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

If you develop symptoms you must book a test immediately so that you can then carry out the necessary measures to protect others if the test is positive. Whilst you wait for the results you will need to stay at home and not have visitors until you get your test result – only leave your home to have a test. Anyone you live with must also stay at home until you get the result.

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>

If the test is negative you will be able to attend school and your family members can stop self isolating.

#### Response to any infection

All members of the school community must engage with the NHS Test and Trace process. Everyone must be willing to:

- Book a test if they are displaying symptoms- see link above
- Staff, parents and pupils (including family members) must not come into the school if they have symptoms and self isolate until they have the results of their test
- Staff or children will be sent home to self-isolate (including any family members) if they develop or display symptoms in school.
- Staff or children (including family members) will self-isolate if they have been in close contact with someone who tests positive for coronavirus (COVID-19)

We ask parents and staff to inform us immediately of the results of a test

#### Reporting absence

Staff and parents to follow the usual procedures for reporting any absence and to be clear regarding the reasons.

#### A negative test result

- If the test is negative you will be able to attend school (providing you are well) and your family members can stop self isolating. Other members of their household can stop self-isolating. However if you are poorly with another virus, such as a cold or flu, it is still best to avoid contact with other people until they are better.

#### **A positive test result**

- If someone tests positive, they should follow the [‘stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection’](#) and must continue to self-isolate for at least **10** days from the onset of their symptoms and then return to school. The **10**-day period starts from the day when they first became ill. If they still have a high temperature, they should keep self-isolating until their temperature returns to normal. Other members of their household should continue self-isolating for the full 14 days.
- The school will follow PHE guidance with regards to contacts etc and informing the school community

**We would ask that parents support the school and not release details via social media or to the press to protect individuals and the whole school community**

The DfE guidance does not ask schools to request evidence of negative test results or other medical evidence before admitting children or welcoming them back after a period of self-isolation but we would ask parents and staff to take responsibility for the health and safety of our whole school community.

#### **Great Chart Primary School's key to reducing the spread of the virus:**

- a requirement that people who are ill with Covid 19 symptoms stay at home and immediately get a test
- robust hand and respiratory hygiene
- enhanced cleaning arrangements
- active engagement with NHS Test and Trace
- formal consideration of how to reduce contacts and maximise distancing between those in school wherever possible and minimise potential for contamination so far as is reasonably practicable.  
This means limiting contacts by:
  1. grouping children together
  2. avoiding contact between groups
  3. arranging classrooms with forward facing desks as far as reasonably practicable
  4. staff maintaining distance from pupils and other staff as much as possible