

Around the World



MEXICO

TUESDAY 18 NOVEMBER

MENU

Beef Loaded Nachos (9)

Mixed Bean Chilli in a Taco with Tomato Rice VEGAN

Fajita Style Pasta (1)

Jacket Potato with Choice of Toppings

Golden Sweetcorn

Mexican Salad Bar - Sour Cream, Guacamole, Tomato Salsa

**Biscoff Tres Leches (1, 9)
(Biscoff Milk Cake)**

WE ONLY USE



FRESHUKBEEF



FRESHUKPORK



FREERANGEEGGS



LOCALFRUIT&VEG



WHOLEMEALPASTA

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NOVEMBER

MEXICO

RECIPE BOOK

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FRESH PORK



FREE RANGE EGGS



LOCAL FRUIT & VEG



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BEEF NACHOS

INGREDIENTS

- 3kg minced beef
- 2 large brown onions
- ½ bag of sliced frozen peppers
- 4 tbs of paprika
- ½ tsp of chilli powder
- 6 tbs of tomato puree
- 4 tbs cumin
- Seasoning
- 2 tbs beef bouillon
- 1 tin of chopped tomatoes

METHOD

- Brown off mince (drain fat).
- In same pan add diced onions cook until browned.
- Add spices and seasoning. Cook off 5 mins.
- Add tomato puree/drained mince and stir through.
- Add tinned tomatoes and beef bouillon/water/sliced peppers.
- Cook out until thick and flavoursome.
- Serve with nachos, cheese sprinkled on top.
- Garnish with fresh coriander and thinly sliced red pepper.

GUACAMOLE (FOR SALAD BAR)

INGREDIENTS

- 8 avocados peeled and pitted
- 6 chopped tomatoes
- 1 red onion
- 1 whole lemon
- Pinch of chilli, salt and pepper

METHOD

- Mash avocados until creamy.
- Add diced onion, tomatoes and other ingredients.
- Stir through and garnish with chopped coriander.



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BISCOFF MILK CAKE

INGREDIENTS

- Biscoff biscuits
- 5 ¼ oz light brown sugar
- 3 oz phase
- 1 tsp cinnamon
- Pinch of salt
- 1 tbs water
- 5 ½ oz plain flour

METHOD

- Mix into dough.
- Roll thinly about 1cm thick.
- Bake 15 mins.
- Its going to be crumbled so doesn't matter if rough.
- make a basic sponge/add a splash of milk.

SPONGE MIX

INGREDIENTS

- 1lb self-raising flour
- 1lb caster sugar
- 1lb phase
- 8 eggs
- ½ tsp baking powder

METHOD

- Cream phase and sugar, add eggs, flour and baking powder.
- Once cooled, pour over thin layer of toffee sauce (pls. see from USA recipe).
- Then sprinkle over crushed Biscoff biscuits.



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