## Great Chart Primary School

## National Curriculum 2014 Planning Document



## Statutory Requirements Year 4

This document contains all of the statutory requirements of the National Curriculum (2014) broken down by subject. Please note this document should also be read in conjunction with the English and Maths appendices.

The document is to support the long, medium and short term planning processes to ensure both full coverage and progression. In the non-core subjects it is important that Key Stage teams plan for progression as this is not prescribed within the curriculum document. This document will form the start of the planning process and can be used as a monitoring tool to ensure all elements of the core areas are covered within the National Curriculum Year Group.

			ENGLISH			
Spoken Word	Word Reading	Comprehension	Writing – transcription	Writing – Handwriting	Writing – Composition	Writing – Grammar, Vocabulary and Punctuation
	upils should be rught to: apply their growing knowledge of root words, prefixes and suffixes (etymology and morpholog y) as listed in English Appendix 1, both to read aloud and to understand the meaning of new words they meet read further exception words, noting the unusual correspond ences between spelling	<ul> <li>Pupils should be taught to:</li> <li>develop positive attitudes to reading and understanding of what they read by: <ul> <li>listening to and discussing a wide range of fiction, poetry, plays, non-fiction and reference books or textbooks</li> <li>reading books that are structured in different ways and reading for a range of purposes</li> <li>using dictionaries to check the meaning of words that they have read</li> <li>increasing their familiarity with a wide range of books, including fairy stories, myths and legends, and retelling some of these orally</li> <li>identifying themes and conventions</li> </ul> </li> </ul>	<ul> <li>Spelling (see English Appendix 1)</li> <li>Pupils should be taught to: <ul> <li>use further prefixes and suffixes and understand how to add them (English Appendix 1)</li> <li>spell further homophones</li> <li>spell words that are often misspelt (English Appendix 1)</li> <li>place the possessive apostrophe accurately in words with regular plurals [for example, girls', boys'] and in words with irregular plurals [for example, children's]</li> <li>use the first two or three letters of a word to check its spelling in a dictionary</li> <li>write from memory simple sentences, dictated by the teacher, that include words and punctuation taught so far.</li> </ul> </li> </ul>	<ul> <li>Pupils should be taught to:</li> <li>use the diagonal and horizontal strokes that are needed to join letters and understand which letters, when adjacent to one another, are best left unjoined</li> <li>increase the legibility, consistency and quality of their handwriting [for example, by ensuring that the downstroke s of letters are parallel and equidistant;</li> </ul>	<ul> <li>Pupils should be taught to:</li> <li>plan their writing by: <ul> <li>discussing writing similar to that which they are planning to write in order to understand and learn from its structure, vocabulary and grammar</li> <li>discussing and recording ideas</li> </ul> </li> <li>draft and write by: <ul> <li>composing and rehearsing sentences orally (including dialogue), progressively building a varied and rich vocabulary and an increasing range of sentence structures (English Appendix 2)</li> <li>organising paragraphs</li> </ul> </li> </ul>	<ul> <li>Pupils should be taught to:</li> <li>develop their understanding of the concepts set out in English Appendix 2 by: <ul> <li>extending the range of sentences with more than one clause by using a wider range of conjunctions, including when, if, because, although</li> <li>using the present perfect form of verbs in contrast to the past tense</li> <li>choosing nouns or pronouns appropriately for clarity and cohesion and to avoid repetition</li> <li>using conjunctions, adverbs and prepositions to express time and cause</li> <li>using fronted adverbials</li> <li>learning the grammar for years 3 and 4 in English</li> </ul> </li> </ul>

structured	and sound,	in a wide range of	that lines of	around a theme	Appendix 2
descriptio	and where	books preparing	writing are		Appendix 2
ns,	these	poems and play	spaced	<ul> <li>in narratives,</li> </ul>	<ul> <li>indicate grammatical and</li> </ul>
explanati	occur in	scripts to read	spaced	creating settings,	other features by:
	the word.	aloud and to	so that the	characters and	<ul> <li>using commas after</li> </ul>
ons and narratives	the word.	perform, showing	ascenders	plot	fronted adverbials
for		understanding	and	<ul> <li>in non-narrative</li> </ul>	
different		through	descenders	material, using	<ul> <li>indicating</li> </ul>
		Ŭ	of letters do	simple	possession by
purposes,		intonation, tone, volume and action		organisational	using the
including			not touch].	devices [for	possessive
for		<ul> <li>discussing words</li> </ul>		example,	apostrophe with
expressin		and phrases that		headings and	plural nouns
g feelings		capture the		sub-headings]	<ul> <li>using and</li> </ul>
<ul> <li>maintain</li> </ul>		reader's interest			punctuating direct
attention		and imagination		<ul> <li>evaluate and edit by:</li> </ul>	speech
and		<ul> <li>recognising some</li> </ul>		<ul> <li>assessing the</li> </ul>	use and understand
participat		different forms of		effectiveness of	
e actively		poetry [for		their own and	the grammatical
in		example, free		others' writing	terminology in
collaborat		verse, narrative		and suggesting	English Appendix 2
ive		poetry]		improvements	accurately and
conversat				proposing	appropriately when
ions.		<ul> <li>understand what they</li> </ul>		changes to	discussing their
staying		read, in books they can		grammar and	writing and reading.
on topic		read independently, by:		vocabulary to	
and		<ul> <li>checking that the</li> </ul>		improve	
initiating		text makes sense		consistency,	
and		to them,		including the	
respondin		discussing their		accurate use of	
g to		understanding		pronouns in	
comment		and explaining the		sentences	
S		meaning of words			
		in context		<ul> <li>proof-read for spelling</li> </ul>	
• use		<ul> <li>asking questions</li> </ul>		and punctuation errors	
spoken		to improve their		read aloud their own	
language		understanding of		writing, to a group or the	
to		a text		whole class, using	
develop		<ul> <li>drawing</li> </ul>		appropriate intonation	
understan		Ŭ		and controlling the tone	
ding		inferences such		and volume so that the	

through	as inferring	meaning is clear.	
	characters'	meaning is clear.	
speculatin			
g,	feelings, thoughts		
hypothesi	and motives from		
sing,	their actions, and		
imagining	justifying		
and	inferences with		
exploring	evidence		
ideas	<ul> <li>predicting what</li> </ul>		
speak	might happen		
opoun	from details		
audibly	stated and implied		
and			
fluently	<ul> <li>identifying main</li> </ul>		
with an	ideas drawn from		
increasin	more than one		
g	paragraph and		
command	summarising		
of	these		
Standard	<ul> <li>identifying how</li> </ul>		
English	language,		
	structure, and		
<ul> <li>participat</li> </ul>	presentation		
e in	contribute to		
discussio	meaning		
ns,	meaning		
presentati	<ul> <li>retrieve and record</li> </ul>		
ons,	information from non-		
performa	fiction		
nces, role			
play,	<ul> <li>participate in</li> </ul>		
improvisa	discussion about		
tions and	both books that		
debates	are read to them		
	and those they		
<ul> <li>gain,</li> </ul>	can read for		
maintain	themselves,		
and	taking turns and		
monitor	listening to what		
the	others say.		
interest of			
the			

listener(s)			
consider			
and			
evaluate			
different			
viewpoint			
S,			
attending			
to and			
building			
on the			
contributi			
ons of			
others			
select			
and use			
appropriat			
e			
registers			
for			
effective			
communi			
cation.			

	Maths									
Number –	Number – Addition	Number –	Number –	Measurement	Geometry –	Geometry –	Statistics			
Number and	and subtraction	Multiplication	fractions inc		Properties of	Position and				
Place Value		and division	decimals		shape	direction				
Pupils should be taught to	Pupils should be taught to: add and subtract	Pupils should be taught to:	Pupils should be taught to:	Pupils should be taught to:	Pupils should be taught to:	Pupils should be taught to:	Pupils should be taught to:			
<ul> <li>count in multiples of 6, 7, 9, 25 and 1000</li> </ul>	numbers with up to 4 digits using the formal written methods of	<ul> <li>recall multiplication and division facts</li> </ul>	<ul> <li>recognise and show, using diagrams,</li> </ul>	<ul> <li>Convert between different units of measure [for</li> </ul>	<ul> <li>compare and classify geometric</li> </ul>	<ul> <li>describe positions on a 2-D grid as</li> </ul>	<ul> <li>interpret and present</li> </ul>			
<ul> <li>find 1000 more or less than a</li> </ul>	columnar addition and subtraction where	for multiplication tables up to 12 ×	families of common	example, kilometre to	shapes, including	coordinates in the first	discrete and			

	given number	1	appropriate		12		equivalent		metre; hour to		quadrilaterals		quadrant		continuous
	given number		appropriate		12		fractions		minute]		and triangles,				data using
	count	•	estimate and use	•	use place value,		naotiono		minatoj		based on their	•	describe		appropriat
	backwards		inverse operations to		known and		count up and		measure and		properties and		movements		e
	through zero to		check answers to a		derived facts to		down in		calculate the		sizes		between		graphical
	include negative		calculation		multiply and		hundredths;		perimeter of a		31203		positions as		methods,
	numbers		achie addition and		divide mentally,		recognise that		rectilinear figure		identify acute		translations of		including
			solve addition and		including:		hundredths		(including		and obtuse		a given unit to		bar charts
	recognise the place value of		subtraction two-step		multiplying by 0		arise when		squares) in		angles and		the left/right		and time
	each digit in a		problems in contexts, deciding which		and 1; dividing		dividing an		centimetres and		compare and		and up/down		graphs.
	•		operations and methods		by 1; multiplying		object by one		metres		order angles up	-	plot specified		graphs.
	four-digit number		to use and why.		together three		hundred and		find the area of		to two right	-	points and	÷	solve
	(thousands.		to use and why.		numbers		dividing tenths	-	rectilinear		angles by size		draw sides to		compariso
	hundreds, tens,				recognise and		by ten.		shapes by		identify lines of		complete a		n, sum
	and ones)			-	use factor pairs		solve problems		counting squares	-	symmetry in 2-		given polygon.		and
	and ones)				and	-	involving		counting squares		D shapes		given polygon.		difference
•	order and				commutativity in		increasingly	•	estimate,		presented in				problems
	compare				mental		harder fractions		compare and		different				using
	numbers beyond				calculations		to calculate		calculate		orientations				informatio
	1000				calculations		quantities, and		different		onontationo				n
	identify,				multiply two-digit		fractions to		measures,	÷.,	complete a				presented
	represent and				and three-digit		divide		including money		simple				in bar
	estimate				numbers by a		quantities,		in pounds and		symmetric				charts,
	numbers using				one-digit number		including non-		pence		figure with				pictogram
	different				using formal		unit fractions		read, write and		respect to a				s, tables
	representations				written layout		where the		convert time		specific line of				and other
					solve problems		answer is a		between		symmetry.				graphs.
	round any				involving		whole number		analogue and						
	number to the				multiplying and				digital 12- and						
	nearest 10, 100				adding, including	•	add and		24-hour clocks						
	or 1000				using the		subtract								
	solve number				distributive law to		fractions with		solve problems						
	and practical				multiply two digit		the same		involving						
	problems that				numbers by one		denominator		converting from						
	involve all of the				digit, integer		recognise and		hours to minutes;						
	above and with				scaling problems		write decimal		minutes to						
	increasingly				and harder		equivalents of		seconds; years						
	large positive				correspondence		any number of		to months;						
	numbers				problems such		tenths or		weeks to days.						
					as n objects are		hundredths								

- mead Damas		-		<b></b> '		,
<ul> <li>read Roman</li> </ul>	connected to r	m •				
numerals to 100	objects.		write decimal			
(I to C) and			equivalents to			
know that over			1 1 3			
time, the			$\frac{1}{4}$ , $\frac{1}{2}$ , $\frac{3}{4}$			
numeral system			find the effect of			
changed to			dividing a one-			
include the			or two-digit			
concept of zero			number by 10			
and place value.						
			and 100,			
			identifying the			
			value of the			
			digits in the			
			answer as ones,			
			tenths and			
			hundredths			
			round decimals			
			with one			
			decimal place to			
			the nearest			
			whole number			
			numbers with			
			the same			
			number of			
			decimal places			
			up to two			
			decimal places			
			measure and			
			money			
			problems			
			involving			
			fractions and			
			decimals to two			
			decimal places.			
L	<u>ı                                    </u>			1		<u> </u>

		Scienc	e		
Working Scientifically	Living things and their habitats	Animals, inc Humans	State of Matter	Sound	Electricity
<ul> <li>During years 3 and 4, pupils should be taught to use the following practical scientific methods, processes and skills through the teaching of the programme of study content:</li> <li>asking relevant questions and using different types of scientific enquiries to answer them</li> <li>setting up simple practical enquiries, comparative and fair tests</li> <li>making systematic and careful observations and, where appropriate, taking accurate measurements using standard units, using a range of equipment, including thermometers and data loggers</li> <li>gathering, recording, classifying and presenting data in a variety of ways to help in answering questions</li> <li>recording findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables</li> <li>reporting on findings from enquiries, including oral</li> </ul>	<ul> <li>Pupils should be taught to:</li> <li>recognise that living things can be grouped in a variety of ways</li> <li>explore and use classification keys to help group, identify and name a variety of living things in their local and wider environment</li> <li>recognise that environments can change and that this can sometimes pose dangers to living things.</li> </ul>	<ul> <li>Pupils should be taught to:</li> <li>describe the simple functions of the basic parts of the digestive system in humans</li> <li>identify the different types of teeth in humans and their simple functions</li> <li>construct and interpret a variety of food chains, identifying producers, predators and prey.</li> </ul>	<ul> <li>Pupils should be taught to:</li> <li>compare and group materials together, according to whether they are solids, liquids or gases</li> <li>observe that some materials change state when they are heated or cooled, and measure or research the temperature at which this happens in degrees Celsius (°C)</li> <li>identify the part played by evaporation and condensation in the water cycle and associate the rate of evaporation with temperature.</li> </ul>	<ul> <li>Pupils should be taught to:</li> <li>identify how sounds are made, associating some of them with something vibrating</li> <li>recognise that vibrations from sounds travel through a medium to the ear</li> <li>find patterns between the pitch of a sound and features of the object that produced it</li> <li>find patterns between the volume of a sound and the strength of the vibrations that produced it</li> <li>recognise that sounds get fainter as the distance from the sound source increases.</li> </ul>	<ul> <li>Pupils should be taught to:</li> <li>identify common appliances that run on electricity</li> <li>construct a simple series electrical circuit, identifying and naming its basic parts, including cells, wires, bulbs, switches and buzzers</li> <li>identify whether or not a lamp will light in a simple series circuit, based on whether or not the lamp is part of a complete loop with a battery</li> <li>recognise that a switch opens and closes a circuit and associate this with whether or not a lamp lights in a simple series circuit</li> <li>recognise some common conductors and insulators, and associate metals</li> </ul>

and written explanations, displays or presentations	with being good conductors.
of results and conclusions	
<ul> <li>using results to draw simple conclusions, make predictions for new values, suggest improvements and raise further questions</li> </ul>	
<ul> <li>identifying differences, similarities or changes related to simple scientific ideas and processes</li> </ul>	
<ul> <li>using straightforward scientific evidence to answer questions or to support their findings.</li> </ul>	

Pupils should be taught to develop their techniques, including their control and their use         Pupils should be taught to: design, write and debug programs that accomplish         Through a variety of creative and practical activities, pupils should be taught the knowledge,         Pupils should extend their knowledge and understanding beyond the local area to include the United Kingdom and Europe, North and South         Pupils should continue to develop a chronologically secure knowledge and understanding of         Pupils should continue taught         Pupils should continue to develop a chronologically secure knowledge and understanding of         Pupils should continue taught         Pupils should continue to develop a chronologically secure knowledge and understanding of         Pupils should continue taught         Pupils should taught	io:	Music Pupils should be taught to: play and	PE Pupils should be taught to:
taught to develop their techniques, including their control and their usedesign, write and debug programs that accomplishcreative and practical activities, pupils should be taught the knowledge,knowledge and understanding beyond the local area to include the United Kingdom and Europe, North and Southto develop a chronologically secure knowledge and understanding oftaught to taught to and taught	to: Iten	taught to:	
creativity, main creativity, main experimentation and an increasing awareness of different kinds of art, craft and design.including controlling of astills needed to engage in an iterative process in a range of relevant contexts (for example, the books to record their sketch books to record their making. They should decomposing them into smaller partsiskills needed to engage in an iterative process in a range of relevant contexts (for example, the books to record their programs; work with variables and or to review and and use them various forms of to review and including in algorithms and edsigniskills needed to engage in an iterative process in a range of relevant contexts (for example, the books to record their work and to detect programs; work with variables and or review and including in algorithms and programsskills needed to engage in an iterative process including and making, pupils should be taught to:location and characteristics of a range of the world's most including the including the including the including the including the including the 	spoken nguage nd show nderstandi g by ining in nd sponding cplore the atterns nd sounds language rough ongs and ymes and ak the belling, ound and eaning of ords ngage in onversatio s; ask and nswer uestions; cpress onions nd spond to ose of hers;	<ul> <li>perform in solo and ensemble contexts, using their voices and playing musical instruments with increasing accuracy, fluency, control and expression</li> <li>improvise and compose music for a range of purposes using the inter-related dimensions of music</li> <li>listen with attention to detail and recall sounds with increasing aural memory</li> <li>use and understand staff and other musical notations</li> <li>appreciate and understand a wide range of</li> </ul>	<ul> <li>use running, jumping, throwing and catching in isolation and in combination</li> <li>play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</li> <li>develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</li> </ul>

artists,	opportunities they	communicate	(including hills,	through teaching the	seek	high-quality live		perform dances
architects and	offer for	their ideas	mountains, coasts and	British, local and	clarification	and recorded		using a range
designers in	communication and	through	rivers), and land-use	world history outlined	and help*	music drawn		of movement
history.	collaboration	discussion,	patterns; and	below, teachers	and the later	from different		patterns
		annotated	understand how some	should combine	<ul> <li>speak in</li> </ul>	traditions and		
	<ul> <li>use search</li> </ul>	sketches, cross-	of these aspects have	overview and depth studies to help pupils	sentences,	from great	•	take part in
	technologies	sectional and	changed over time	understand both the	using	composers and		outdoor and
	effectively,	exploded		long arc of	familiar	musicians		adventurous
	appreciate how	diagrams,	<ul> <li>identify the position and</li> </ul>	development and the	vocabulary,			activity
	results are selected	prototypes,	significance of latitude,	complexity of specific	phrases	<ul> <li>develop an</li> </ul>		challenges
	and ranked, and be	pattern pieces	longitude, Equator,	aspects of the	and basic	understanding		both
	discerning in	and computer-	Northern Hemisphere,	content.	language	of the history of		individually and
	evaluating digital	aided design	Southern Hemisphere,	Pupils should be	structures	music.		within a team
	content	alded deelight	the Tropics of Cancer	taught about:	<ul> <li>develop</li> </ul>			compare their
	<ul> <li>select, use and</li> </ul>	Make	and Capricorn, Arctic	<ul> <li>changes in</li> </ul>	accurate		_	performances
	combine a variety	<ul> <li>select from and</li> </ul>	and Antarctic Circle, the	Britain from the	pronunciati			with previous
	of software	use a wider	Prime/Greenwich	Stone Age to	on and			ones and
	(including internet	range of tools	Meridian and time	the Iron Age	intonation			demonstrate
	services) on a	and equipment	zones (including day	_	so that			improvement to
	range of digital	to perform	and night)	<ul> <li>the Roman</li> </ul>	others			achieve their
	devices to design	practical tasks		Empire and its				
	0	[for example,	Place knowledge	impact on	understand			personal best.
	and create a range	cutting, shaping,	<ul> <li>understand</li> </ul>	Britain	when they			
	of programs,	joining and	geographical similarities	<ul> <li>Britain's</li> </ul>	are reading			
	systems and	finishing],	and differences through	settlement by	aloud or			
	content that	accurately	the study of human and	Anglo-Saxons	using			
	accomplish given	accurately	physical geography of a	and Scots	familiar			
	goals, including	<ul> <li>select from and</li> </ul>	region of the United		words and			
	collecting,	use a wider	Kingdom, a region in a	<ul> <li>the Viking and</li> </ul>	phrases*			
	analysing,	range of	European country, and	Anglo-Saxon	present			
	evaluating and	materials and	a region within North or	struggle for the	ideas and			
	presenting data	components,	South America	Kingdom of	information			
	and information	including		England to the	orally to a			
	<ul> <li>use technology</li> </ul>	construction	Human and physical	time of Edward	range of			
	safely, respectfully	materials,	geography	the Confessor	audiences*			
	and responsibly;	textiles and	<ul> <li>describe and</li> </ul>					
	recognise	ingredients,	understand key aspects	<ul> <li>a local history</li> </ul>	<ul> <li>read</li> </ul>			
	acceptable/unacce	according to	of:	study	carefully			
	ptable behaviour;	their functional	physical	<ul> <li>a study of an</li> </ul>	and show			
	identify a range of	properties and	geography,	aspect or	understandi			
	ways to report	aesthetic	including:	theme in British	ng of			
	ways to report							

concorre chair	qualities	olimata zonca	history that	wordo	
concerns about	t qualities	climate zones, biomes and	extends pupils'	words, phrases	
	Providence t				
contact.	<ul><li><i>Evaluate</i></li><li>investigate and</li></ul>	vegetation	chronological	and simple	
	-	belts, rivers,	knowledge	writing	
	analyse a range	mountains,	beyond 1066	<ul> <li>appreciate</li> </ul>	
	of existing	volcanoes and	the	stories,	
	products	earthquakes,	achievements	songs,	
	<ul> <li>evaluate their</li> </ul>	and the water	of the earliest	poems and	
	ideas and	cycle	civilizations -	rhymes in	
	products	<ul> <li>human</li> </ul>	an overview of	the	
	against their	geography,	where and	language	
	own design	including: types	when the first		
	criteria and	of settlement	civilizations	<ul> <li>broaden</li> </ul>	
	consider the	and land use,	appeared and a	their	
	views of others	economic	depth study of	vocabulary	
	to improve their	activity	one of the	and	
	work	including trade	following:	develop	
		links, and the	Ancient Sumer;	their ability	
	<ul> <li>understand how</li> </ul>	distribution of	The Indus	to	
	key events and	natural	Valley; Ancient	understand	
	individuals in	resources	Egypt; The	new words	
	design and	including	Shang Dynasty	that are	
	technology have	energy, food,	of Ancient	introduced	
	helped shape	minerals and	China	into familiar	
	the world	water		written	
			<ul> <li>Ancient Greece</li> </ul>	material,	
	Technical knowledge	Geographical skills and	- a study of	including	
	<ul> <li>apply their</li> </ul>	fieldwork	Greek life and	through	
	understanding	<ul> <li>use maps, atlases,</li> </ul>	achievements	using a	
	of how to	globes and	and their	dictionary	
	strengthen,	digital/computer	influence on	<ul> <li>write</li> </ul>	
	stiffen and	mapping to locate	the western	phrases	
	reinforce more	countries and describe	world	from	
	complex	features studied	wond	memory,	
	structures	<ul> <li>use the eight points of a</li> </ul>	a non-	and adapt	
	<ul> <li>understand and</li> </ul>	compass, four and six-		these to	
	use mechanical	figure grid references,	European society that	create new	
	systems in their	symbols and key	provides	sentences,	
	products [for	(including the use of	contrasts with	to express	
	example, gears,	Ordnance Survey	British history –	ideas	
			British history –	10000	

Γ	pulleys, cams,	maps) to build their	one study	clearly	
	levers and	knowledge of the	chosen from:		
	linkages]	United Kingdom and	early Islamic	<ul> <li>describe</li> </ul>	
	linitageoj	the wider world	civilization,	people,	
	<ul> <li>understand and</li> </ul>		including a	places,	
	use electrical	use fieldwork to observe,	study of	things and	
	systems in their	measure, record and present	Baghdad c. AD	actions	
	products [for	the human and physical	900; Mayan	orally* and	
	example, series	features in the local area	civilization c.	in writing	
	circuits	using a range of methods,	AD 900; Benin	<ul> <li>understand</li> </ul>	
	incorporating	including sketch maps, plans	(West Africa) c.	basic	
	switches, bulbs,	and graphs, and digital	AD 900-1300.	grammar	
	buzzers and	technologies.		appropriate	
	motors]			to the	
	<ul> <li>apply their</li> </ul>			language	
	understanding			being	
	of computing to			studied,	
	program,			including	
	monitor and			(where	
	control their			relevant):	
	products.			feminine,	
				masculine	
	Cooking and nutrition			and neuter	
				forms and	
	<ul> <li>understand and</li> </ul>			the	
	apply the			conjugation	
	principles of a			of high-	
	healthy and			frequency	
	varied diet			verbs; key	
				features	
	<ul> <li>prepare and</li> </ul>			and	
	cook a variety of			patterns of	
	predominantly			the	
	savoury dishes			language;	
	using a range of			how to	
	cooking			apply	
	techniques			these, for	
	understand			instance, to	
	seasonality, and			build	
	know where and			sentences;	

how a var	ety of	and how
ingredient		these differ
grown, re	ıred,	from or are
caught ar		similar to
processed		English.
		The starred (*)
		content above
		will not be
		applicable to
		ancient
		languages.